



## Microneedling Consent Form

**Informed Consent:** I understand that All Things Vain Medi Spa and its aesthetic staff are offering me an informed consent regarding your state of the art aesthetic services. This consent serves to: educate me, inform me of alternative options, common, uncommon, temporary and permanent risks and complications, use my photos or videos for marketing purposes and approve with my signature.

**Treatment:** Microneedling or also called needle induced, controlled collagen induction therapy

**Purpose:** Texture, refine skin surface, build collagen, firm and tighten skin, maintain youthful appearance.

**Common side effects, risks, complications:** mild pain, redness, flushed, tightness, sensitive to touch, bruising, itching, milia (can be removed), hyperpigmentation, herpes cold sore flares, swelling, infection, scarring (very rare).

**Pre-care:** None except topical anesthetic from staff. This procedure may trigger a herpes infection.

**Contraindications:** You cannot perform this procedure if you have: active skin infection, skin cancer, active acne, immune suppressed, skin autoimmune disorder, bleeding disorder, pregnant, breast feeding, anticoagulation medicines (coumadin, etc), ablative dermal procedures, rosacea, diabetes, actinic keratosis, keloids, active herpes infection.

**Post-care:** Use gentle cleanser for 72 hours. Do not use ultrasonic brushes. Use serum antioxidants post treatment. Use HA products for skin hydration. Consider peptide therapy. Do not use makeup 1-3 days post treatment. Do not apply makeup with a makeup brush when applied. Avoid sun direct sun or tan bed exposure for 72 hours and use SPF 30+. Do not swim for 72 hours or have strenuous exercise. Do not use AHA/BHA products, retinol, vitamin C, for one week after treatment, or powered cleansing brushes. Use post care dermal cream/stratagel. Avoid heavy makeup for few days.

**Followup and touchups:** Microneedling is typically performed in a package or series, usually 4-6 weeks apart, with or without PRP therapy. Ask your provider if a package is a good option for you.

**Alternatives:** sublative, fractional Co2 or do nothing.

**Additional information:** PRP (Platelet rich plasma) therapy may be added to this procedure for more long lasting and dramatic effects.

**General comments:** There are no guarantees for results, and results may vary due to: skin conditions, age, inherent skin characteristics, sun damage, smoking, climate, other.

As I have reviewed this consent, I understand fully that all of my questions have been answered and I wish to fully proceed with these elective procedures.

Client signature/date: \_\_\_\_\_

All Things Vain Medi Spa staff signature/date: \_\_\_\_\_